Infant Breakfast/Snack Menu (over 1 year)



Summer/Fall 2018

Breakfast Breakfast Cereal: Cheerios Pears Whole Milk Snack Goldfish Crackers Apples Water Water Water Breakfast Breakfast Breakfast Breakfast Snack Snack Whole Milk Snack Whole Milk Snack Snack Whole Milk Snack Snack Whole Wheat Pit Sun-butte Sun-b	t Toast k :a Bread
Cereal: Cheerios Pears Whole Milk Snack Goldfish Crackers Apples Water Cereal: Cheerios Whole Wheat English Muffins Oranges Whole Milk Snack Goldfish Crackers Water Breakfast Cream of Wheat Bananas Whole Milk Snack Snack Whole Milk Snack Whole Wheat Pit Apples Crackers Bananas Water Water Water Breakfast	Toast k a Bread
Pears Under the Pears Whole Milk Oranges Whole Milk Oranges Whole Milk Snack Goldfish Crackers Apples Water Street Water Street Water Street Bananas Water Bananas Cheerios (sprinkled in) Canned Peaches Whole Milk Canned Peaches Whole Milk Snack Whole Milk Snack Snack Whole Milk Snack Whole Wheat Pit Apples Crackers Water Wat	k a Bread
Whole Milk Snack Goldfish Crackers Apples Water Water Whole Milk Oranges Whole Milk Snack Snack Wheat Crackers Mozzarella Cheese Sticks Apples Water Water Water Breakfast Oranges Whole Milk Canned Peaches Whole Milk Snack Snack Whole Milk Snack Snack Whole Milk Snack Snack Whole Milk Snack Snack Snack Whole Milk Snack Snack Whole Milk Snack Snack Whole Milk Snack Snack Whole Milk Snack Snack Whole Milk Snack Snack Whole Milk Snack Snack Whole Milk Snack Snack Whole Milk Snack Snack Snack Snack Whole Milk Snack S	k a Bread r
Snack Goldfish Crackers Apples Water Water Breakfast Whole Milk Snack Snack Wheat Crackers Wheat Crackers Snack Whole Milk Snack Snack Whole Milk	a Bread
Snack Goldfish Crackers Apples Water Snack Wheat Crackers Snack Whole Wheat Pit Mozzarella Cheese Sticks Apples Canned Pears Water Water Water Water Water Breakfast Breakfast Breakfast Snack Whole Wheat Pit Mozzarella Cheese Sticks Hummus Crackers Bananas Water Water Water Breakfast Breakfast Breakfast Breakfast Breakfast Breakfast	r
Goldfish Crackers Apples Yogurt Water Canned Pears Water Water Breakfast Snack Wheat Crackers Mozzarella Cheese Sticks Apples Apples Crackers Bananas Water Water Breakfast Breakfast Whole Wheat Pit Mozzarella Cheese Sticks Hummus Crackers Bananas Water Water Water Breakfast Breakfast Breakfast Breakfast Breakfast Breakfast	r
Apples Yogurt Mozzarella Cheese Sticks Hummus Sun-butte Water Canned Pears Apples Crackers Bananas Water Water Water Water II Breakfast Breakfast Breakfast Breakfast Breakfast Breakfast	r
Water Canned Pears Apples Crackers Bananas Water Water Water Water Water II Breakfast Breakfast Breakfast Breakfast Breakfast	-
Water Water Water Water Water II Breakfast Breakfast Breakfast Breakfast	
II Breakfast Breakfast Breakfast Breakfast Breakfast	
Cereal: Cheerins Plain Oatmeal Yngurt Whole Wheat Ragels Whole Wheat	
Oranges Bananas Cheerios (sprinkled in) Apples w/ Sun-butter,	
Whole Milk Whole Milk Strawberries (frozen) Whole Milk Whole Mil	k
Whole Milk	
Snack Snack Snack Snack	
Whole Grain Whole Wheat Crackers Snack Goldfish Crackers Mozzarella Chees	
Soft Pretzel Sticks Oranges Graham Crackers Bananas Crackers	
Pears Water Apples Water Apples	
Water Water Water Sandfact Sandfact	
III Breakfast Br	<u>r</u>
Cereal: Cheerios Whole Wheat Toast Whole Wheat Cream of Wheat Yogurt	
Bananas Hard-Boiled Eggs English Muffins Oranges Cheerios (sprink	(lea in)
Whole Milk Apples Pears Whole Milk Apples Whole Milk Whole Milk Whole Milk	d.
Snack Whole Wilk Whole Wilk Snack	ĸ
Yogurt Snack Snack Graham Crackers Snack Canned Pears Whole Wheat Pita Bread Hummus Bananas Goldfish Crac	kore
Water Salsa Crackers Water Oranges	
Bananas Water Water Water	
Water	
IV Breakfast Breakfast Breakfast Breakfast Breakfast	t
Cereal: Cheerios Whole Wheat Bagels Whole Wheat Toast Yogurt Overnight O	ats
Pears Bananas Hard-Boiled Eggs Cheerios (sprinkled in) Apples	
Whole Milk Whole Milk Oranges Mango (frozen) Whole Mil	k
Whole Milk Whole Milk	
Snack Snack Snack	
Hummus Mozzarella Cheese Sticks Snack Snack Whole Wheat Cr	ackers
Crackers Crackers Cottage Cheese Whole Wheat Pita Bread Oranges	
Water Pears Canned Peaches Black Bean Dip Water	
Water Water Water	

UBCCC is an Equal Opportunity Provider

UBCCC infant rooms offer the following baby foods during your child's stay at the center:

Cereal: Commercially prepared, iron fortified, dry baby cereal that is mixed with water (unless specified otherwise). We use oatmeal and rice varieties.

Jar Food: Commercially prepared jar baby foods. We offer carrots, peas, squash and sweet potatoes for the vegetable component. We offer applesauce, peaches, pears, and bananas for the fruit component.

Snack Foods: Cheerios, Saltine Crackers, Goldfish Crackers and Graham Crackers are some of the snack foods we offer the infants when they are developmentally ready to eat them.

Formula: UBCCC provides Gerber Good Start Iron Fortified Formula

